



Pre Season Training Camp

Last year saw one of our most successful summer camps to date. This year we are offering a 3 day goalkeeper camp which run in August from 10:00am to 3:00pm.

Course Details

Venue: Joseph Whitaker Sports College

Date: Wednesday 24th August 2011
Thursday 25th August 2011
Friday 26th August 2011

Surface: 3rd Generation Pitch

Cost: £52.00 if booked before Friday 5th August thereafter £60.00

Requirements: Packed Lunch & Change of Clothes.

Places on this course are limited to 36 and all places must be booked in advance to avoid disappointment.

Weekly Pre Season Training 2011

This year we are offering **NEW** pre season training sessions which will take place for 4 weeks in the summer holidays. These sessions will be based around preparing goalkeepers for the new season. These sessions will include the fundamentals of goalkeeping with the addition of fitness training and SAQ (Speed Agility Quickness).

Course Details

Venue: Joseph Whitaker School

Dates: Wednesday 3rd August 2011
Wednesday 10th August 2011
Wednesday 17th August 2011
Wednesday 31st August

Times: 5:00pm until 6:30pm

Cost: £15.00 for ALL 4 sessions
£5.00 per session

Next Season's Course Dates

Venue: Lees Brook Sports College, Chaddesden, Derby.

Surface: 3G Artificial Surface

Time: 5.30 - 6.30pm

Ages: U7 - U 16yrs

Cost: £4.00 per session
(Subject to Availability)

New Course Dates:

**Tuesday 6th September to
Tuesday 15th November**

**10 WEEK BLOCK BOOKING
TO ENSURE PLACE: £38.00**

Venue: Joseph Whitaker Sports College, Rainworth, Mansfield.

Surface: 3G Artificial Surface

Time: 5.00 - 6.00pm

Ages: U7 - U 16yrs

Cost: £3.20 per session
(Subject to Availability)

New Course Dates:

**Wednesday 7th September to
Wednesday 16th November**

**10 WEEK BLOCK BOOKING
TO ENSURE PLACE: £30.00**

Venue: Rutland Sports Park, Ilkeston, Derby.

Surface: Astro-turf

Time: 6.00 - 7.00pm

Ages: U7 - U 16yrs

Cost: £3.75 per session
(Subject to Availability)

New Course Dates:

**Friday 9th September to
Friday 18th November**

**10 WEEK BLOCK BOOKING
TO ENSURE PLACE: £35.00**

1 to 1 Coaching & Club Coaching

Do you want professional coaches working with your goalkeepers in your club?

If the answer is yes **please contact us** and find out how we can help coach your goalkeepers!

Weekly Goalkeeper Academies

Lees Brook Specialist
Community Sports College
Tuesday Evenings 5.30 – 6.30pm
4.00 Per session

Joseph Whitaker Specialist
Sports College Wednesday
Evenings 5.00 – 6.00pm
3.20 Per Session

Rutland Sports Park, Ilkeston
Friday Evenings 6.00 – 7.00 pm
3.75 Per Session

All of the above course can be attended by both males and females. For more information please visit the website:



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All course places will be confirmed 7 days prior. Minimum numbers are required for all courses. If these are not met a full refund will be given.

